

**ONE-HOUR MORNING CLASSES: 9:30 - 10:30**  
**Winter 2012**

Numbers are COURSE Numbers, NOT ROOM NUMBERS  
Pick up Room # List in lobby on 1<sup>st</sup> day of classes.

**COURSE #**

**103 ABC'S OF MONEY AND RETIREMENT (NEW TIME)**

Instructor: Mark Fricks

You can have true freedom from your money worries. In this class, you will: find out how to capture market returns with no risk of loss and no fees, learn how you can be assured of never running out of retirement money, see how to get rid of debt without spending any additional money, uncover the secrets to building generational wealth without being wealthy, find out what you should look for in choosing a financial advisor, discover how to drastically reduce your taxes in retirement, and much more! Each attendee will receive their own personalized financial plan!

**101 AEROBICS, LOW IMPACT**

Instructor: Montyne Atkinson and Louise Davis

Many of the moves are accompanied by music. Wear comfortable clothes and bring a small towel. For more information, call Montyne at 770-429-8881 or Louise at 770-977-8021.

**115 CALLIGRAPHY **LIMIT 10****

Instructor: Myrtle Amos

Hear the compliments when you apply calligraphy to notes, cards, and envelopes. It's easy and fun, too. Good penmanship is not a prerequisite! \$5 fee payable at first class.

**114 CREATIVE WRITING **LIMIT 18****

Instructor: Barbara Key

Beginners and experienced writers alike will enjoy delving into their creative potential with fun and easy writing activities. Writing is work, but learning to write doesn't have to be. You are already more creative than you think. Recommended (but not mandatory) study guide is *The Complete Idiot's Guide to Creative Writing*, 2nd Edition ISBN 1-59257-206-5. This can be purchased used on Amazon.com for about \$5.00.

## **102 CURRENT EVENTS**

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Instructor: Connie Miller

Open discussion of news items and current events.

## **108 DEATH AND TAXES**

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Instructors: Randy and Nic Yeomans

We all have to go sometime; do you have your affairs in order? Do you have a plan for your estate and do you know the Estate Tax Rules? Are income taxes going lower or higher? If you can't answer these questions or are concerned about your taxes, this class is for you. Learn what you need to know, the questions to ask, and leave with a To-Do List to get you going. For more information on this class, call 770-427-5227 and ask for Kelly.

## **117 FOCUS ON FITNESS**

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Instructor: Rio Rita Arthurs

This is an exercise class that utilizes chair aerobics as an alternative to floor exercise. This class uses Thera-Bands, free weights, and some walking and stretching. This class is for seniors and can improve your strength and balance. Bring your own weights to class (3 to 8 lbs.).

## **106 GUIDE FOR CHRISTIAN LIVING (NEW)**

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Instructor: James Setser

An in-depth study of Apostle Paul's *Epistle to the Romans*.

## **104 LINE DANCE – INTERMEDIATE LIMIT 40**

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Instructors: C.C. Smith and Kent Morgan

We will be learning new dances at the intermediate level and review dances previously learned.

## **119 MEDICARE: NOW AND IN THE FUTURE LIMIT 25**

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Instructor: Lynn Rosenblatt (New)

Classes are designed as an in-depth non-political education based presentation of the Medicare program, regulatory oversight and legislation, and other insurance issues pertinent to the aging population. An opportunity will be provided at each session for Q & A and group discussion.

**118 SPIRIT OF THE GREAT AMERICAN WEST****LIMIT 25**

Instructor: Quentin Thomas

This is a survey course that will focus on the personalities and events that were involved with the evolution of American History. The course will be filled with almosts and could-have-beens. It will be conducted in a classroom manner with maps and open discussion throughout the presentations.

**ONE-HOUR MORNING CLASSES - 10:45 - 11:45****221 ART & ARCHITECTURE OF EUROPEAN CITIES LIMIT 20**

Instructor: Mark Harvey

(New)

An overview of some of the art and architecture of cities in the British Isles and Europe.

**214 AUTOMOTIVE - LEARN THE BASICS**

Instructor: Scott Delong

Learn the basics of automotive car safety: how to read the owner's manual, put air in the tires, change a tire, and how to check fuses, fluids, and bulbs etc.

**202 BOOK DISCUSSION**

Instructors: Jonathan McKeown and Patty Latch

Instructors will vary from week to week. Each week a different member from the Cobb County Library staff will review an interesting book.

**223 DARE TO REPAIR**

Instructor: Eric Stealey

The instructor is a renovator of historic and present day homes. He will teach you how to make simple improvements and repairs to your home. Your specific needs will be addressed. Come with questions.

## **220 FINANCIAL SUCCESS IN RETIREMENT**

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Instructors: Randy and Nic Yeomans

Retirees will likely receive tremendous value from this educational session. You will learn fundamental strategies to effectively invest retirement account assets, understanding RMD's, Annuities, and reduce taxes. Together, we will explore the most common and costly mistakes retirees make and how to overcome complex obstacles faced during retirement. You will leave with a checklist of "To Do's" that may enhance your overall retirement experience. For more info, call 770-427-5227 and ask for Kelly.

## **208 LINE DANCE - BEGINNER**

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**LIMIT40**

Instructor: C.C. Smith and Kent Morgan

Beginners only. Students still needing to learn.

## **222 PERSONAL SAFETY AND SECURITY**

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Instructor: Culver Johnson

Crime against seniors is rising. This class will help protect you from identity theft, fraud, home invasion, acts of nature, and criminal attack.

## **225 PRACTICAL STORYTELLING FOR BEGINNERS**

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**LIMIT 15**

Instructor: Margaret Edinburgh

**(NEW)**

While this class is for those who are beginners in the genre of storytelling, it may also appeal to those who are story listeners. This class will give attendees some ideas about how to find stories, the characteristics of a good story, and how to adapt to your audience. In the words of acclaimed storyteller, Barry McWilliams, "Storytelling is a task shared by storyteller and story listeners - it is the interaction of the two that makes a story come to life." In this class you will listen to an experienced storyteller, view at least one professional storyteller on DVD, and tell a story.

## **219 WANT TO TALK INVESTING?**

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Instructor: Stan Herndon

This class is an open forum for participants to ask questions about investing, to discuss their ideas on investment techniques, as well as portfolio construction. In discussing portfolio construction, the emphasis will be on retirement. All levels of investing experience are welcome.

**213 WRITING YOUR LIFE STORY****LIMIT18**

Instructor: Lloyd Blackwell

Step by step instructions on how to write your own life story.

Leave a legacy for your grandchildren and future generations to enjoy. Suggestion: Take Creative Writing concurrently if you have no writing experience or training.

<b>TWO-HOUR MORNING CLASSES - 9:30 - 11:30</b>
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**309 BASIC EMBROIDERY AND CROSS-STITCH**

Instructor: Edna Harner and Kathy Cooper

Basic stitches for embroidery, cross-stitch, and counted cross-stitch. Bring your own project to work on.

**302 BASKET WEAVING****LIMIT 12**

Instructors: Nancy Skinner and Della Boyd

All levels of weaving welcome! Tools needed are scissors, needle nose pliers, flat screwdriver, tape measure, spray bottle, towel, clothespins, and dishpan. Pay instructor cost of materials. Enjoy creating baskets for gifts or keepsakes.

**326 BEOWULF AND ANGLO- SAXON ENGLAND****(NEW)**

Instructor: Lorena Sins

In this course, students will read and learn about the great Anglo-Saxon epic poem, *Beowulf* in the context of the culture for which it was created. The early history of England up to the Norman Conquest will be discussed to give a solid historical footing for the poem. Elements of Anglo- Saxon poetry will also be covered, as will the question of heroism and what makes the essential difference between a hero and a villain. The text used will be Seamus Heaney's translation of *Beowulf*.

**304 BEYOND DOODLING****LIMIT 12**

Instructors: Bill Needs

This class is an introduction to pencil and then to pen and ink drawing. Learn to sketch what you see, to fill in the blanks with confidence, and to meet the artist hidden inside you. Please bring to first class a #2 pencil and a kneaded eraser.

### **305 CHAIR CANING**

**LIMIT 14**

Instructors: Elaine Herklotz, Mike DeFranks, and Susan Jarman  
Only hand caning offered in this class. You must furnish your own chair that has been cleaned or refinished and ready. Pay instructor for supplies. Call instructor with questions. Herklotz 770-434-5383; DeFranks 770-429-9098; Jarman 770-424-1198.

### **306 COMPUTER HELP - WINDOWS VISTA, WINDOWS 7, INTERNET**

Instructor: Kent Raymond

**LIMIT 20**

We teach Windows Vista/ Windows 7 and upgrading Windows, applications. Switching to new internet provider. Improving performance for internet browsers including internet search engines, online banking, and security issues. Free solutions for all of your computing needs. Will address specific questions by using a Windows 7 64 bit unit connected by Wifi to the internet displaying 3 monitors. A \$5.00 fee for internet access from FUMC will be collected at first class.

### **308 CROCHETING**

Instructors: Ardelle Baines and Karen Morris

Come and learn to crochet! Class will cover the beginning basic stitches or complex patterns as desired. Beginners will need to bring a size "G" hook and a ball of cotton yarn (worsted weight).

### **324 INTERMEDIATE BRIDGE**

**LIMIT 20**

Instructors: Charl Voige and Sarah Palmer

This class is the next step for beginning bridge players and for people returning to bridge. Above all, we will have fun.

### **321 JANE AUSTEN BOOK CLUB II**

Instructors: Barbara Karcher and Carol Fenley

This class continues the Jane Austen Book Club, covering *Emma*, *Mansfield Park*, and *Persuasion* (in that order). New students are welcome. Please plan to discuss *Emma* during the second class, January 17. Class will consist of book discussion and watching a video based on each book.

### **312 KNITTING**

Instructors: Ardelle Baines and Karen Morris

Learn to knit or finish a project you have started. Make something for yourself or a friend.

### **315 QUILTING BEE**

**LIMIT 10**

Instructors: Barbara Davis and Judy Whitehead

Bring your own project or start something new and share in an old-fashioned "Quilting Bee" atmosphere. Basic instruction available for pattern piecing, appliqué, and quilt construction.

### **316 SCRIMSHAW**

Instructor: Frances Llanos

Scrimshaw is an old art form done on ivory bone using a tool to scratch the surface of the medium and fill the scratches with ink. It is used to make brooches, belt buckles, gunstocks, etc. There will be a \$5.00 charge for tools and materials.

\* Class will start January 17th as instructor will be returning to U.S. on January 10th.

### **317 STAINED GLASS ART - A.M.**

**LIMIT 8**

Instructors: Warren Witte and Norman Marinoff

Learn while making great gifts. 10% lecture, 90% hands-on training. Beginners and novices get special attention, intermediates, advanced, pros get help when required. \$18 supply fee due on first day. For more info, call instructor @ 770-432-4959. Students may not take both A.M. and P.M. classes in same session.

### **301 WATERCOLOR II**

**LIMIT 12**

Instructor: Mimi Anapolle

For students who have taken the Basic Watercolor Course, have experience in watercolor, or have experience in another painting medium.

### **318 WOODCARVING**

Instructors: Doyle Davis, Bob Brogan, and Gary Alexander

Have fun carving wood. In this class we do 3 things: teach how to carve, talk, and reminisce about food. Come join us.

## ONE-HOUR AFTERNOON CLASSES - 1:00 - 2:00

### **410 ABC'S OF CONSERVATIVE INVESTING**

Instructor: Mark Fricks (NEW)

The 90's are gone! We can no longer invest our money in the same ways, especially with the continuing volatility. We cover the 6 Wall Street myths, the 3 aspects of an investment decision, how to determine your true personal risk tolerance, how to develop your ABC Investment Profile, the 3 rules for fixed principal assets, how to develop an income plan for your retirement, what questions to ask a potential advisor, and more.

### **408 EAT RIGHT IN THE NEW YEAR (NEW)**

Instructor: Barbara Woodhouse

Get your New Year off to a healthy start with this nutrition course that covers topics, including: (1) your health and your weight, (2) eating for a healthy heart, (3) special nutrient needs of older adults, (4) healthy eating on the run, (5) smart strategies for eating out, (6) save time and money at the grocery store, (7) popular diets, and (8) topic chosen by the class.

### **409 PUZZLE ME THIS LIMIT 15**

Instructor: Marilyn Boniger and Patrice Canniff (NEW)

Are you puzzled about word games? Do you find cryptograms, logic, anagrams, and word cross perplexing? Come learn how to challenge your mind to keep you young. If you are proficient in some of the word games, come anyway and play with us. All skill levels are welcomed.

### **405 STRESS MANAGEMENT LIMIT 8**

Instructor: Lynn Bodenstein

Using cutting edge techniques to tap into your subconscious to make inner changes to influence your health and your life. \$5 fee collected on 1st day of class.

## TWO-HOUR AFTERNOON CLASSES - 1:00 - 3:00

### **620 BASIC SCRAPBOOKING LIMIT 12**

Instructor: Bonnie Anderson

Basic Scrapbooking - colors, layouts, and embellishment. Complete a 10 page mini chipboard scrapbook. Bring pictures, scissors, a ruler, pencil, and markers. Kit Fee is \$10.

**605 BEADING AND JEWELRY DESIGN** **LIMIT 15**

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Instructor: Dorothy Childers

Learn new techniques of beading and design beautiful jewelry while having fun!

**601 BRIDGE FOR FUN**

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Instructors: Cathryn Reinoehl and Caroline Coppedge

Knowledge of Bridge is necessary. We will have fun playing. Bring your cards.

**602 CARD STAMPING** **LIMIT 20**

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Instructor: Linda Boisjolie

We will do basic card construction. Learn basics of stamping and layering to make beautiful cards. We will make 2 cards each week. Students will also learn how to make their own envelopes. Supply fee will be \$20.00.

**621 DIGITAL CAMERA - FROM THE** **LIMIT 15**  
**CLICK TO THE CINEMA**

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Instructors: Sorrell Roth, Ronni Landau, and Carole Jordan

An overview of camera operations, techniques, and skills.

Weather permitting, there will be 2 field trips. Use of computer enhancing software, e-mail, DVD's, and slide shows will be discussed. PLEASE READ YOUR CAMERA OPERATING MANUAL BEFORE TAKING THE CLASS. Bring your camera and pictures.

**604 HAND AND FOOT** **LIMIT 32**

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Instructor: Janice Jones

In these sessions, we will enjoy playing ELM Hand and Foot. Also, we will learn to play several varieties of Hand and Foot. All are welcome.

**607 MAH JONGG - BEGINNER** **LIMIT 12**

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Instructors: Sally Sarkin and Dorothy Beckworth

This class is highly geared for the beginner. Come and learn the difference between a Crak, Bam, and Dot. This will be a good refresher course for those who haven't played in awhile.

**619 MAH JONGG FOR FUN** **LIMIT 16**

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Instructors: Sally Sarkin and Dorothy Beckworth

This class is for experienced players to enjoy an afternoon playing and meeting other experienced players. Bring your own cards and Mah Jongg sets.

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**608 MEXICAN TRAIN DOMINOES**

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Instructors: Virginia Wiley and Kay Simms

A fun game played with dominoes and enjoyed by all ages. No memory work required. No experience needed. Use double 12 dominoes and follow written instructions.

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**611 PAINTING TECHNIQUES**

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**LIMIT 10**

Instructor: Jack Atkinson and Frances Llanos

This class is a workshop for those with some painting experience (acrylic or oil). It will be dedicated to the exchange of ideas and learning together.

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**612 PINE NEEDLE BASKETS**

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**LIMIT 14**

Instructors: Judi Purvis and Della Boyd

Learn to coil long leaf pine needles into small bowls or baskets. Purchase supplies from instructors. Beginner Kit will be \$13.50 payable on 1st day of class. Some homework is necessary if you want to learn this ancient craft.

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**613 SHAKESPEARE**

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Instructor: Lynne Johnson

We will be studying Shakespeare's play, *Antony and Cleopatra*.

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**614 SILK FLORAL ARRANGING**

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**LIMIT 10**

Instructors: Theresa Kalven and Mary Anne Skolnick

Learn new designs for fresh & silk floral arrangements. Flowers and ribbon to be provided by participants. There is a \$17 fee for supplies payable at first class. Call Theresa at 770-419-0494 for any questions.

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**615 STAINED GLASS ART – P.M.**

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**LIMIT 8**

Instructors: Warren Witte and John Husselman

Learn while making great gifts. 10% lecture, 90% hands-on training. Beginners and novices get special attention, intermediates, advanced, pros get help when required. \$18 supply fee due on first day. For more info, call instructor @ 770-432-4959. Students may not take both A.M. and P.M. classes in same session.

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**616 TATTING**

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Instructors: Mary Troschak and Kathy Cooper

Learn to make beautiful lace with a shuttle and thread. Instructors will contact students prior to class regarding supplies. Advanced students may bring unfinished work.

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**617 WOODCARVING – BEGINNER**

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Instructors: Billy Duncan and Kent Morgan

Class designed for beginner woodcarving but all carvers are welcome to come, carve, and share experiences.

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Fall 2011

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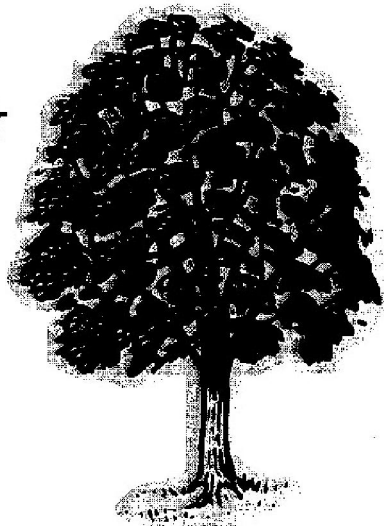
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