

**ONE-HOUR MORNING CLASSES - 9:30 - 10:30
SPRING 2010**

Numbers are COURSE Numbers, NOT ROOM NUMBERS
Pick up Room # List in lobby on 1st day of classes.

Course #

- 101 AEROBICS, LOW IMPACT
Instructors: Montyne Atkinson & Louise Davis
Wear comfortable clothes and bring a small towel.
- 102 CREATIVE WRITING LIMIT 18
Instructor: Lloyd Blackwell
For those students who have a creative interest in writing. Realize your potential as we learn the basics of writing in a friendly atmosphere.
- 103 CURRENT EVENTS
Instructor: Connie Miller
Open discussion of news items and current events.
- 104 FUNDAMENTALS OF INVESTING
Instructor: James Kellogg
Learn to make better decisions about your money and more appropriate strategies for today's retirees. Call instructor for more information at 770-425-0104.
- 105 LINE DANCING – INTERMEDIATE LIMIT 40
Instructors: C.C. Smith
We will be learning new dances at the intermediate level and review dances previously learned.
- 106 NEW ADVENTURES IN GARDENING *(new)* LIMIT 40
Instructors: Eddie Rhodes & Ivan Tatum
We will explore new ground and learn gardening basics from two Master Gardener instructors. A trip to a nearby new garden planned. \$6.00 fee collected at first class.

- 107 RELIGIOUS DIVERSITY *(new)*
Instructor: James L. Setser
A study of the five major world religions, Christian denominations, and cults. Participants will receive a copy of Religious Diversity on Microsoft Word CD, as well as handout notes at every session.
- 108 THINK BETTER LIMIT 15
Instructor: Phil Nason
We all want to improve our thinking. This class will provide practical suggestions on how this can be accomplished. The text will be The Power of Positive Thinking by Norman V. Peale. The text is available in class for \$10.00.
- 109 WOMEN, WEALTH AND WELLNESS
Instructors: Randy Yeomans and Nicholas Yeomans
Classes will cover: Investing in uncertain times, reducing your taxes, increasing your income, taking trips on the government, updating & enhancing your estate plan, keeping your money in the family when you pass away, using trusts & avoiding Probate, avoiding IRA & Annuity mistakes. This class will keep your attention & give you power over your finances as you laugh & learn. Identify and avoid scam artists with ease! Enjoy a raffle in every class.

ONE-HOUR MORNING CLASSES - 10:45 - 11:45

- 201 AFTER THE CLICK: Working with your Digital Photos LIMIT 20
Instructor: Steve Roy
If you have a digital camera & take pictures, this class will teach you how to make them look better and keep them organized using free software (Google Picasa). We will also discuss how to back-up your digital photos.
- 202 BACK TO BASICS LIMIT 15
Instructor: Jean Winfield
Relearning personal self-reliance.

- 203 BOOK DISCUSSION
Instructor: Deborah McLaughlin
Instructors will vary from week to week.
Each week a different member from the Cobb County Library staff will review an interesting book.
- 204 CHANGE IS COMING - ARE YOU READY? (new)
Instructors: Randy Yeomans and Nic Yeomans
Are you ready for massive change? Everything is changing...
Income tax brackets, Exemptions, Inheritance strategies, Retirement plan contribution & Conversion rules – In this class you'll learn how to avoid the most common & often overlooked mistakes in your retirement plan (IRA's, 401K's & TSA's), new tax planning strategies and how to address your estate plan as the government establishes new rules.
- 205 HISTORY OF NORTH GEORGIA - continued LIMIT 14
Instructor: Marlene Nikoukary (Lee Kary)
We will cover a century of events of North Georgia history from 1795 to 1895. There will be a \$12.00 fee for materials.
- 206 LINE DANCING – BEGINNER LIMIT 40
Instructors: C.C. Smith
Beginners only. Still needing to learn.
- 207 SINGING FOR FUN AND HEALTH
Instructors: Myrtle Amos and Kay Simms
Singing can lift your spirits, reduce your blood pressure and is good for your breathing. Come join us in singing some familiar tunes and the best part is – no homework.
- 208 STRENGTH TRAINING LIMIT 50
Instructor: Gloria Clark
All fitness levels welcome. Improve your quality of life. This class is designed specifically for seniors and can improve strength and balance as well as increase bone density. You will learn the proper technique to perform these strength exercises. It's never too late to build muscle! Bring your own weights to class. (3 to 8 lbs.)

- 209 WRITING YOUR LIFE STORY LIMIT 18
Instructor: Lloyd Blackwell
Step by step instructions on how to write your own life story. Leave a legacy for your grandchildren and future generations to enjoy.
Suggestion: Take Creative Writing concurrently if you have no writing experience or training.

TWO-HOUR MORNING CLASSES - 9:30 - 11:30
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- 301 BASKET WEAVING LIMIT 12
Instructors: Nancy Skinner & Della Boyd
All levels of weaving welcome! Tools needed are scissors, needle nose pliers, flat screwdriver, tape measure, spray bottle, towel, clothespins and dishpan. Pay instructor cost of materials. Enjoy creating baskets for gifts or keepsakes.
- 302 BEYOND DOODLING (new) LIMIT 12
Instructor: Bill Needs
This class is an introduction to pencil, and then pen & ink drawing. Learn to sketch what you see, to fill in the blanks with confidence & to meet the artist hidden inside you. Supplies for 1st class: #2 pencil & kneaded eraser.
- 303 BRIDGE – COMMON CONVENTIONS LIMIT 20
Instructor: John McCormick
Common bidding conventions/ includes Stayman, Preemptive, Blackwood, Gerber, Weak Twos, Transfers, Artificial Two Clubs, Unusual Two & Four No Trump overcalls. Prerequisite for this course is a knowledge of standard bridge bidding including opening & responding, overcalling & takeout doubles.
- 304 CARVING INDIAN TALKING STICKS LIMIT 12
Instructor: Doreen Davey
Carve and decorate an Indian Talking Stick. A beginner's ability is all that is needed to make this conversation piece.
- 305 CHAIR CANING LIMIT 13
Instructors: Elaine Herklotz, Mike DeFranks and Susan Jarman
Only hand caning offered in this class. You must furnish

your own chair that has been cleaned or refinished and ready.
Pay instructor for supplies. Call instructor with questions. Herklotz
770-434-5383; DeFranks 770-429-9098; Jarman 770-424-1198.

- 306 COMPUTERS – Intro to Windows, Mac & Internet LIMIT 20
Instructor: Kent Raymond
Starting up with the operating system. Configuring the applications & user interface. Subjects include: Internet Search Engines (Apple, Safari, Internet Explorer, Opera, Firefox, Google Chrome), efficient browsing and online banking. Security issues & free solutions. . This class only applies to users running Windows XP (sp2, sp3), Vista Premium, Win7 (all versions). There will be a Windows 7 unit on the internet displaying to 3 monitors that show the results from class questions. Questions are encouraged.
- 307 CROCHETING
Instructor: Ardelle Baines & Karen Morris
Come and learn to crochet! Class will cover the beginning basic stitches or more complex patterns as desired. Beginners will need to bring a size "G" hook and a ball of cotton yarn (worsted weight).
- 308 EMBROIDERY BASICS AND CROSS-STITCH LIMIT 10
Instructor: Edna Harner
Basic stitches for embroidery, cross-stitch and counted cross-stitch. Bring your own project to work on.
- 309 EXPLORING THE ENGLISH LANGUAGE *(new)*
Instructor: Lynne Johnson
This course is based on the book, The Adventure of English, by Melvin Bragg. Using his 8 episode DVD series & additional informational handouts, we will learn about & discuss the development of our language over the last 1500 years.
- 310 JANE AUSTEN FILM CLUB *(new)*
Instructors: Barbara Karcher and Carol Fenley
We will be watching films that touch on either Jane Austen's life or her works and discuss them.
- 311 JOY OF PAINTING WORKSHOP LIMIT 25
Instructor: No Instructor
No instruction in this workshop, just the opportunity to paint in a

fun, supportive atmosphere with other artists.

312 KNITTING

Instructor: Ardelle Baines & Karen Morris
Learn to knit or finish a project you have started.
Make something for yourself or a friend.

313 PINE NEEDLE BASKETS

LIMIT 8

Instructor: Anita Hebert
Learn to coil long-leaf pine needles into small bowls or baskets. We will also learn to weave teneriffes. Bring a small pair of sharp scissors and a spring-type clothespin. Pay instructor for supplies.

314 QUILTING BEE

Instructors: Barbara Davis and Judy Whitehead
Bring your own project or start something new and share in an old-fashioned "Quilting Bee" atmosphere. Basic instruction available for pattern piecing, appliqué & quilt construction.

315 SCRIMSHAW

Instructor: Frances Llanos
Scrimshaw is an old art form done on ivory bone using a tool to scratch the surface of the medium and fill the scratches with ink. It is used to make brooches, belt buckles, gunstocks, etc... There will be a \$5.00 charge for tools and materials.

316 STAINED GLASS ART – morning

LIMIT 8

Instructor: Warren Witte & Dan Hopwood
Basic, encore basic through advanced. Group instructions and projects for novices and individual project help for budding artisans. A \$15.00 fee per student will be collected on 1st day of class to cover supplies and tool usage. Call instructor for additional information at 770-432-4959.

317 WOODCARVING

Instructors: Doyle Davis, Bob Brogan & Gary Alexander
Have fun carving wood. In this class we do 3 things: Teach how to carve, talk and reminisce about food. Come Join Us.

318 OUR SOLAR SYSTEM

(new)

Instructor: Lee Tucker

A look at the various objects in our solar system such as the sun, planets, moons, asteroids, comets, and the Kuper belt objects.

ONE-HOUR AFTERNOON CLASSES - 1:00 - 2:00

There are no classes offered this session in this time frame.

TWO-HOUR AFTERNOON CLASSES - 1:00 - 3:00

- 602 BRIDGE FOR FUN
Instructor: Pat Hutto
Knowledge of Bridge is necessary. We will have fun playing.
Bring your cards.
- 603 BRIDGE – INTERMEDIATE LIMIT 20
Instructors: Charl Voige & Marjorie Carroll
For players coming back to Bridge and those who have had ‘some’
Bridge lessons. We get to play a lot and sharpen our skills. Above
all, we have fun.
- 604 CARD STAMPING LIMIT 14
Instructor: Linda Boisjolie
We will do basic card construction. Learn basics of stamping
and layering to make beautiful cards. We will make 2 cards each
week. Students will also learn how to make their own envelopes.
Supply fee will be \$15.00.
- 605 CREATIVE DRAWING I LIMIT 15
Instructor: Kathie Lyon
Use your minds-eye in a creative way to draw while learning art
elements & techniques with pencil (4B), vine charcoal & crayon.
- 606 HAND & FOOT CANASTA
Instructor: Janice Jones
Hand & Foot has replaced the Canasta that was played way back in
the 50's and is much preferred. Come join us for a fun game!
- 607 FRAME IT UP (new)
Instructor: Sue Ottosen

Learn to select and cut a mat. Learn to cut glass and plexie.
Learn to put the proper frame with the right media.

- 608 JEWELRY DESIGN AND BEADING LIMIT 15
Instructors: Bridget LeRoy and Dorothy Childers
Learn new techniques of beading and design beautiful jewelry while having fun!
- 609 JOY OF PAINTING - OPEN WORKSHOP LIMIT 25
Instructor: No Instructor
Come enjoy the camaraderie of painting with other artists in a self-directed atmosphere.
- 610 MAH JONGG LIMIT 16
Instructor: Sally Sarkin & Dorothy Beckworth
This class is a good refresher course for those who haven't played in awhile and is highly geared for people who know how to play. Bring your sets and cards.
- 611 MEXICAN TRAIN DOMINOES
Instructors: Irene Eichenlaub and Virginia Wiley
A fun game played with dominoes and enjoyed by all ages. No memory work required. No experience needed. Use double 12 dominoes and follow written instructions.
- 612 ONE STROKE PAINTING LIMIT 15
Instructors: Pamela A. Hough and Donna Lavery
Learn the basics of one stroke painting. Use strokes to create flowers, fruit, etc. Supply list will be given out at first class.
- 613 PAINTING TECHNIQUES LIMIT 10
Instructor: Jack Atkinson
This class is intended for those with some painting experience and is dedicated to the exchanging of ideas & learning together.
- 614 PINE NEEDLE BASKETS LIMIT 12
Instructors: Judi Purvis & Della Boyd
Learn to coil long-leaf pine needles into small bowls or baskets.

Tools: Bring a small pair of sharp scissors and a spring-type clothespin. Pay instructor for supplies.

615 SHAKESPEARE

Instructor: Lynne Johnson

Just before retiring to Stratford-upon-Avon, Shakespeare wrote one last play, "The Famous History of the Life of King Henry VIII" which we will study this session.

616 SILK & FRESH FLORAL ARRANGEMENTS LIMIT 10

Instructor: Theresa Kalven & Mary Anne Skolnick

Learn new designs for fresh & silk floral arrangements. Flowers & ribbon to be provided by participants. Call Theresa at 770-419-0494 for questions.

617 STAINED GLASS ART – afternoon LIMIT 8

Instructors: Warren Witte & Dan Hopwood

Basic, encore basic through advanced. Group instructions and projects for novices and individual project help for budding artisans. A \$15.00 fee per student will be collected on 1st day of class to cover supplies and tool usage. Call instructor for additional information at 770-432-4959.

618 TATTING – BEGINNING & ADVANCED

Instructors: Mary Troschak and Anita Hebert

Learn to make beautiful lace with a shuttle & thread.. Instructors will contact students prior to class regarding supplies. Advanced students may bring unfinished work.

619 WOODCARVING – for Beginners

Instructor: Billy Duncan & Kent Morgan

Class designed for beginner woodcarving but all carvers are welcome to come, carve and share experiences.

CONSIDER CARPOOLING
A GREAT ALTERNATIVE IN TODAY'S ECONOMY



ELM'S WEBSITE

Our website is www.elmcobb.org. You can view a list of our classes offered and print a registration form on February 19th. On-line registration is not available. Please mail your \$35 fee along with your registration form to:

ELM
P. O. Box 670331
Marietta, GA 30066

Registration deadline is March 15th

Remember, classes fill up quickly!

Please consider contributing a tax-deductible gift to ELM 501(c)(3) status which is tax exempt.
Thank you for your contribution!